



## LETTING GO AND LETTING GOD

Life's Healing Choices  
Rick Warren

"Blessed are the meek." Matthew 5:5 (CEV)

"The meek shall . . . be satisfied." Psalm 22:26 (KJV)

"The meek he will guide . . . and . . . teach." Psalm 25:9 (KJV)

"The meek become wise." Proverbs 11:2 (TLB)

"The meek shall obtain fresh joy in the LORD." Isaiah 29:19 (ESV)

**MEEKNESS IS \_\_\_\_\_**

### HOW TO LET GO & LET GOD

**MAKE JESUS \_\_\_\_\_ OF MY LIFE**

"Quit quarreling with God! Agree with him and you will have peace at last!"  
Job 22:21 (TLB)

Jesus: "Anyone who intends to come with me has to let me lead. You're not in the driver's seat; I am." Matthew 16:24 (MSG)

"Give yourself to the LORD; trust in him, and he will help you." Psalm 37:5 (GNT)

**ESTABLISH GOD'S WORD \_\_\_\_\_ FOR MY LIFE**

"Place yourselves under God's authority." James 4:7 (GW)

"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right." 2 Timothy 3:16 (NLT)

"I have made up my mind to obey your laws forever, no matter what."  
Psalm 119:112 (CEV)

"I will never lay aside your laws, for you have used them to restore my joy and health." Psalm 119:93 (TLB)

**EMBRACE GOD'S SPIRIT \_\_\_\_\_ FOR MY LIFE**

"I will put my Spirit in you. I will enable you to live by my laws." Ezekiel 36:27 (GW)

"Anyone who tries to live by his own effort, independent of God, is doomed to failure." Galatians 3:10 (MSG)

"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish!" Galatians 3:3 (NCV)

"I have the strength to face all conditions by the power that Christ gives me."  
Philippians 4:13 (GNT)

**KEEP JESUS \_\_\_\_\_ OF MY LIFE**

"We must keep our eyes on Jesus, who leads us and makes our faith complete."  
Hebrews 12:2 (CEV)

"If I keep my eyes on GOD, I won't trip over my own feet." Psalm 25:15 (MSG)

"Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track." Proverbs 3:6 (MSG)

**STEP 3: Consciously choose to commit all my life and will to Christ's care and control.**

"The payoff for meekness . . . is plenty and honor and a satisfying life."  
Proverbs 22:4 (MSG)

"Don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time." Matthew 6:34 (TLB)

### Next Steps

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