

THE REALITY CHOICE

Life's Healing Choices
Rick Warren

"I do not understand what I do. For what I want to do I do not do, but what I hate I do. I know that good itself does not dwell . . . in my sinful nature. For I have the desire to do what is good, but I cannot carry it out." Romans 7:15, 18 (NIV)

Stress	Diet	Finances
Fears	Worry	Relationships
My overwork	Bad habits	Painful memories
Attractions	Anger	Perfectionism
Addiction	Dishonesty	Resentment
Regret	Need to control	Compulsive thoughts

THE CAUSE: _____

"In the pride of your heart you say, 'I am a god' . . . But you are a mere mortal and not a god, though you think you are as wise as a god." Ezekiel 28:2 (NIV)

1st CHOICE: _____
"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 (NIV)

I ADMIT I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

1. _____
"God opposes the proud but gives grace to the humble." James 4:6 (NLT)

"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you." Proverbs 28:13 (GNT)

2. _____
"We . . . saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead." 2 Corinthians 1:9 (TLB)

"You're blessed when you're at the end of your rope. With less of you there is more of God and his rule." Matthew 5:3 (MSG)

3. _____
"Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up. But if someone is alone and falls, it's just too bad, because there is no one to help him." Ecclesiastes 4:9-10 (GNT)

"Admit your faults to one another and pray for each other so that you may be healed." James 5:16 (TLB)

GROUND RULES

- _____
- _____
- _____
- _____
- _____

"When we were unable to help ourselves, at the right time, Christ died for us." Romans 5:6 (NCV)

Next Steps

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