

## THE SEASON OF LOSS

Growing in the Seasons of Life  
Rick Warren

*"Sometimes something useless happens on earth. Bad things happen to good people, and good things happen to bad people."* Ecclesiastes 8:14 (NCV)

### HOW TO RESPOND TO LIFE'S LOSSES

1. \_\_\_\_\_ **MY GRIEF**  
*"Blessed are those who mourn, for they will be comforted."* Matthew 5:4 (NIV)  
*"Pour out your hearts to him, for God is our refuge."* Psalm 62:8 (NIV)  
*"The Lord is close to the brokenhearted; he rescues those whose spirits are crushed."* Psalm 34:18 (NLT)
2. \_\_\_\_\_ **FROM OTHERS**  
*"Carry each other's burdens."* Galatians 6:2 (GW)  
*"By helping each other with your troubles, you truly obey the law of Christ."*  
Galatians 6:2 (NCV)  
*"Look after each other so that not one of you will fail to find God's best blessings."* Hebrews 12:15 (TLB)
3. \_\_\_\_\_ **TO BE BITTER**  
*"Others have no happiness at all; they live and die with bitter hearts."*  
Job 21:25 (GNT)  
*"Watch out that no bitterness takes root among you . . . it causes deep trouble, hurting many in their spiritual lives."* Hebrews 12:15 (TLB)

#### The antidote:

- \_\_\_\_\_ **what cannot be changed**  
*"Reach out to God . . . Then face the world again, firm and courageous."*  
Job 11:13, 15 (GNT)
- **Focus on what's \_\_\_\_\_, not what's lost**  
*"No matter what happens, always be thankful, for this is God's will for you."*  
1 Thessalonians 5:18 (TLB)

4. \_\_\_\_\_ **WHAT'S IMPORTANT**  
*"Jesus said . . . 'Life is not measured by how much one owns.'"*  
Luke 12:15 (NCV)

*"We brought nothing into the world, so we can take nothing out."*  
1 Timothy 6:7 (NCV)

5. \_\_\_\_\_ **ON CHRIST**  
*"I have learned the secret of being happy at any time in everything that happens. . . . I can do all things through Christ, because he gives me strength."*  
Philippians 4:12-13 (NCV)

#### How?

- \_\_\_\_\_ **on Christ for stability!**  
*"Those who trust in the Lord are steady as Mount Zion, unmoved by any circumstance."* Psalm 125:1 (TLB)  
*"You, Lord, give true peace to those who depend on you."* Isaiah 26:3 (NCV)  
*"Such a man will not be overthrown by evil circumstances. God's constant care of him will make a deep impression on all who see it. He does not fear bad news, nor live in dread of what may happen. For he is settled in his mind that Jehovah will take care of him."* Psalm 112:6-7 (TLB)
- \_\_\_\_\_ **to Christ for direction!**  
*"'I know what I am planning for you,' says the Lord. 'I have good plans for you, not plans to hurt you. I will give you hope and a good future.'"*  
Jeremiah 29:11 (NCV)
- \_\_\_\_\_ **to Christ for salvation!**  
*"God is our protection and our strength. He always helps in times of trouble. So we will not be afraid even if the earth shakes, or the mountains fall into the sea."* Psalm 46:1-2 (NCV)  
*"We were really crushed and overwhelmed, and feared we would never live through it. We . . . saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us. . . . And he did help us and saved us. . . . and we expect him to do it again and again."* 2 Corinthians 1:8-10 (TLB)

*Next Step*

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