

## THE PATH TO PERSONAL PEACE

How God Meets Your Deepest Needs Rick Warren

## THREE SOURCES OF TENSION

	When circumstances are:
	When people are:
	When problems are:
Jel	novah Shalom = "I am the God of Peace"
	am leaving you with a gift—peace of mind and heart! And the peace I give isn't gile like the peace the world gives. So don't be troubled or afraid."  John 14:27 (TLB)
	THE PATH TO PERSONAL PEACE
1.	"I have <u>learned to be satisfied</u> with the things I have and with everything that happens. I know how to live when I am poor, and I know how to live when I have plenty. I have <u>learned the secret of being happy</u> at any time <u>in everything that happens</u> I can do all things through Christ, because he gives me strength."  Philippians 4: 11-13 (NCV)
	THE SERENITY PRAYER
	"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."
2.	TRUST_ "You. Lord. give true peace to those who depend on you. because they trust you."

"Trust in the Lord with all your heart and lean not on your own understanding; in

"Don't worry about anything; instead pray about everything; tell God your needs and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand."

all your ways submit to him, and he will make your paths straight."

Isaiah 26:3 (NCV)

Proverbs 3:5-6 (NIV)

Philippians 4:6-7 (TLB)

## 3. SURRENDER

"If a person's thinking is controlled by his sinful self, then there is death. But if his thinking is controlled by the Spirit, then there is life and peace."

Romans 8:6 (ICB)

"Those who love your teaching will find true peace, and nothing will defeat them." Psalm 119:165 (NCV)

"Since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us." Romans 5:1 (NLT)

## Next Steps

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