

HOW GOD HEALS YOUR HIDDEN WOUNDS

How God Meets Your Deepest Needs
Rick Warren

Jehovah Rapha = “I am the God who heals”

“He heals the brokenhearted and bandages their wounds.” Psalm 147:3 (NCV)

STEPS IN GOD'S HEALING PROCESS

1. REVEAL _____

“I kept very quiet . . . but I became even more upset. I became very angry inside, and as I thought about it, my anger burned.” Psalm 39:2-3 (NCV)

“When I kept things to myself, I felt weak deep inside me. I moaned all day long.”
Psalm 32:3 (NCV)

“You are only hurting yourself with your anger.” Job 18:4 (GNT)

2. RELEASE _____

“Never pay back evil for evil . . . never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it.” Romans 12:17, 19 (TLB)

“When he suffered he did not threaten to get even; he left his case in the hands of God.” 1 Peter 2:23 (TLB)

“A bitter spirit which is not only bad in itself but can also poison the lives of many others.” Hebrews 12:15 (PHILLIPS)

3. REPLACE _____

“Let God transform you into a new person by changing the way you think.”
Romans 12:2 (NLT)

“Through what Christ would do for us; he decided then to make us holy in his eyes, without a single fault—we who stand before him covered with his love.”
Ephesians 1:4 (TLB)

4. REFOCUS _____

“Put your heart right, Job. Reach out to God . . . Then face the world again, firm and courageous. Then all your troubles will fade from your memory, like floods that are past and remembered no more.” Job 11:13-16 (GNT)

“Look straight ahead with honest confidence; don't hang your head in shame.”
Proverbs 4:25 (GNT)

5. REACH OUT _____

“He comforts us every time we have trouble, so when others have trouble, we can comfort them with the same comfort God gives us.” 2 Corinthians 1:4 (NCV)

“When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun!” 2 Corinthians 5:17 (TLB)

Next Steps

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