

## MAINTAINING MORAL PURITY

Building My Life on Values That Last  
Rick Warren

*“God wants you to be holy and pure and to keep clear of all sexual sin . . . For God has not called us to be dirty-minded and full of lust but to be holy and clean.”*

1 Thessalonians 4:3, 7 (TLB)

### HOW TO STAY PURE IN A POLLUTED WORLD

#### 1. MAKE \_\_\_\_\_

*“How can a young man keep his way pure? By guarding it according to your word.” Proverbs 119:9 (ESV)*

#### 2. MANAGE \_\_\_\_\_

*“Be careful what you think, because your thoughts run your life.”*

Proverbs 4:23 (NCV)

*“Keep your mind on what is right.” Proverbs 23:19 (NCV)*

#### How Immorality Happens:

Thoughts . . . Emotions . . . Actions

- 1<sup>st</sup> Accepting sinful thoughts in my mind
- 2<sup>nd</sup> Emotional, non-physical involvement
- 3<sup>rd</sup> Physical involvement
- 4<sup>th</sup> Rationalizing my actions

*“Turn your back on the turbulent desires of youth and give your positive attention to goodness, faith, love and peace.” 2 Timothy 2:22 (PHILLIPS)*

#### 3. MONITOR \_\_\_\_\_

*“The fool feeds on trash.” Proverbs 15:14 (NLT)*

*“Keep me from paying attention to what is worthless.” Psalm 119:37 (GNT)*

*“I will refuse to look at anything vile and vulgar.” Psalm 101:3 (NLT)*

#### 4. MINIMIZE \_\_\_\_\_

*“Be careful. If you are thinking, ‘Oh, I would never behave like that’—let this be a warning to you. For you too may fall into sin.” 1 Corinthians 10:12 (TLB)*

*“Bad companions ruin good character.” 1 Corinthians 15:33 (GNT)*

*“But among you there must not even be a hint of sexual immorality.”*

Ephesians 5:3 (NIV)

#### 5. MAINTAIN \_\_\_\_\_

*“Enjoy life with your wife, whom you love.” Ecclesiastes 9:9 (NIV)*

*“The husband should fulfill his wife’s sexual needs, and the wife should fulfill her husband’s needs . . . Do not deprive each other of sexual relations . . . so that Satan won’t be able to tempt you.” 1 Corinthians 7:3, 5 (NLT)*

#### 6. MAGNIFY \_\_\_\_\_

*“Anyone who commits adultery doesn’t have any sense. He is just destroying himself.” Proverbs 6:32 (GNT)*

*“Adultery may cost you your life.” Proverbs 6:26 (NCV)*

*“God will judge the sexually immoral.” Hebrews 13:4 (ESV)*

### THE PATH BACK TO PURITY

1. REPENT Psalm 51:1-10

2. RECEIVE FORGIVENESS Psalm 32:1-5

3. REFOCUS & REPLACE Romans 13:13-14

4. REQUEST HELP DAILY 1 Corinthians 10:13

*“The temptations in your life are no different from what others experience. And God is faithful . . . When you are tempted, he will show you a way out so that you can endure.” 1 Corinthians 10:13 (NLT)*

### Next Steps

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