

CHOOSING TO MANAGE MY MIND

Rethinking Your Life
Rick Warren

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think." Romans 12:2 (NLT)

WHY I MUST MANAGE MY MIND?

- **BECAUSE** _____
"Be careful how you think; your life is shaped by your thoughts."
Proverbs 4:23 (GNT)
- **BECAUSE** _____
"I love to do God's will so far as my new nature is concerned; but there's something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God's willing servant, but instead I find myself still enslaved to sin."
Romans 7:22-23 (TLB)
- **BECAUSE** _____
"Your sinful nature control your mind leads to death. But letting the Holy Spirit control your mind leads to life and peace." Romans 8:6 (NLT)

3 DAILY CHOICES I MUST MAKE TO MANAGE MY MIND

1. **I MUST** _____
"People do not live by alone, but by every word that comes from the mouth of God."
Matthew 4:4 (NLT)

WHEN SHOULD I FEED MY MIND WITH GOD'S TRUTH?

- _____
"I rise early . . . cry out for help and put my hope in your words."
Psalm 119:147 (NLT)
- _____
"How I love your law! I think about it all day long." Psalm 119:97 (GNT)
- _____
"Even in the darkest night, your teachings fill my mind." Psalm 16:7 (CEV)
- _____
"The wicked hide along the way to kill me, I will quietly keep my mind on your laws." Psalm 119:95 (NLT)

2. I MUST _____ 3 ENEMIES BATTLE AGAINST THE TRUTH & MY BEST INTENTIONS:

- **THE 1ST ENEMY OF MY MIND:** _____
"I see a different law in the parts of my body waging war against the law of my mind, and making me a prisoner of the law of sin, the law which is in my body's parts." Romans 7:23 (NASB)

"Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit."
Romans 8:5 (NLT)
- **THE 2ND ENEMY OF MY MIND:** _____
Paul: *"I forgive him . . . so that Satan won't outsmart us. For we are familiar with his evil schemes."* 2 Corinthians 2:11 (NLT)
- **THE 3RD ENEMY OF MY MIND:** _____
"All that is in the world, the lust of the flesh, the lust of the eyes, and the pride of life, is not of the Father, but is of the world." 1 John 2:16 (KJV)

How to Fight:

"Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." 2 Corinthians 10:3-5 (NIV)

- **A "STRONGHOLD":** _____
"I have made up my mind to obey your laws forever, no matter what."
Psalm 119:112 (CEV)

3. I MUST _____

- _____
"Keep your mind on Jesus Christ!" 2 Timothy 2:8 (CEV)
- _____
"Think about Jesus' example. He held on while wicked people were doing evil things to him. So do not get tired and stop trying." Hebrews 12:3 (NCV)
- _____
"Don't just think about your own affairs, but be interested in others, too, and in what they are doing." Philippians 2:4 (TLB)
- _____
"Let us think about each other and help each other to show love and do good deeds." Hebrews 10:24 (NCV)
- _____
"The things of heaven, not the things of earth." Colossians 3:2 (NLT)
- _____
"No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him." 1 Corinthians 2:9 (NLT)