

WHY YOU NEED TO THINK ABOUT WHAT YOU THINK ABOUT

Rethinking Your Life
Rick Warren

INTRODUCING THE SERIES: 9 Pillars

1. MY THOUGHTS _____ BUT I CAN _____

"Be careful what you think, because your thoughts run your life!"
Proverbs 4:23 (NCV)

"Your life is shaped by your thoughts." Proverbs 4:23 (GNT)

2. ANY CHANGE I WANT IN MY LIFE _____

"Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind." Romans 12:2 (GNT)

"You're blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world." Matthew 5:8 (MSG)

3. I CAN CHANGE _____

David: *"My heart is breaking, and so I turn my thoughts to him."*
Psalm 42:6 (GNT)

Jonah: *"When I had lost all hope, I turned my thoughts once more to the Lord."*
Jonah 2:7 (NLT)

THINK → FEEL → ACT

4. EVERY BEHAVIOR IS BASED _____

"Think carefully about how you are living." Haggai 1:5 (NIRV)

ASK: _____

"A foolish person will believe anything. But a wise person thinks about what he does." Proverbs 14:15 (ICB)

5. ANYTIME I SIN, AT THAT MOMENT _____

"People think they are doing right, but in the end it leads to death."
Proverbs 14:12 (NCV)

"Temptation comes from our own desires . . . These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death."

James 1:14-15 (NLT)

6. AN UNSEEN WAR IS GOING ON _____

"It seems to be a fact of life that while I want to do what is right, I inevitably do what is wrong. I love to do God's will so far as my new nature is concerned; but there is something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God's willing servant, but instead I find myself still enslaved to sin." Romans 7:21-23 (TLB)

7. TO WIN THE BATTLE IN & FOR MY MIND, I MUST HAVE _____

"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." 2 Corinthians 10:3-5 (NIV)

"So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace." Romans 8:6 (NLT)

Jesus: *"If you obey my teaching, you are really my disciples; you will know the truth, and the truth will set you free."* John 8:31-32 (GNT)

8. MY GOAL IS TO _____

"Since Jesus went through everything you're going through and more, learn to think like him." 1 Peter 4:1 (MSG)

"Let your attitude be identical to that of Christ Jesus." Philippians 2:5 (NCB)

"We have the mind of Christ." 1 Corinthians 2:16 (NIV)

9. RETHINKING MY LIFE TO MATCH HOW JESUS THINKS IS CALLED _____

METANOIA = TO CHANGE YOUR MIND

"Repent therefore, and turn back, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord." Acts 3:19-20 (ESV)

Jesus: *"I know your deeds, your hard work and your perseverance . . . Yet I hold this against you: You have forsaken the love you had at first. Consider how far you have fallen! Repent and do the things you did at first."*

Revelation 2:2, 4-5 (NIV)