

HOW GOD BLESSES BROKEN HEARTS

The Keys to a Blessed Life
Rick Warren

"God blesses those who mourn, for they will be comforted." Matthew 5:4

GOD DOESN'T EXPECT ME TO BE _____

"There is a time for everything, and a season for every activity under heaven . . . There is a time to weep and a time to laugh, a time to mourn and a time to dance."

Ecclesiastes 3:1, 4

"When I kept things to myself, I felt weak deep inside me. I moaned all day long."
Psalm 32:3 (NCV)

"I was silent and held my peace to no avail. My distress only grew worse."
Psalm 39:2 (ESV)

HOW DOES GOD BLESS BROKEN HEARTS?

1. _____
"The Lord is close to the brokenhearted, and he saves those whose spirits have been crushed." Psalm 34:18 (NCV)

"I will never leave you and I will never abandon you." Hebrews 13:5

"Our hearts ache, but at the same time we have the joy of the Lord."
2 Corinthians 6:10 (TLB)

2. _____
"When Jesus saw Lazarus' sister sobbing, and saw how all those with her were crying also, his heart was touched, and he was deeply moved . . . Then Jesus started crying. 'See how much he loved Lazarus!' they said." John 11:33-36

(Jesus) *"He has sent me to comfort all who mourn, to give to those who mourn in Zion joy and gladness instead of grief, and a song of praise instead of sorrow."*
Isaiah 61:2-3 (GNT)

3. _____
"In Christ we who are many form one Body, and each member belongs to all the others . . . Be devoted to each other like a loving family . . . Rejoice with those who rejoice and mourn with those who mourn." Romans 12:5, 10, 15 (NIV/GW)

You weren't meant to go through grief on your own!

"Comfort each other and give each other strength." 1 Thessalonians 5:11 (ICB)

4. _____
*"Sometimes it takes a painful experience to make us change our ways."
Proverbs 20:30 (GNT)*

*"We know that in all things God works for the good of those who love him"
Romans 8:28 (NIV)*

"These troubles are getting us ready for an eternal glory that will make all our troubles seem like nothing. Things that are seen don't last forever, but things that are not seen are eternal. That's why we keep focused on the things that can't be seen." 2 Corinthians 4:17-18 (CEV)

5. _____
"We don't want you to be ignorant about believers who have died. We don't want you to grieve like the people who have no hope." 1 Thessalonians 4:13 (GW)

*"God will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things will have passed away."
Revelations 21:4 (NIV)*

6. _____
"God comforts us in all our troubles so that we can comfort others with the same comfort we received from God." 2 Corinthians 1:4

Every day I either need comfort or need to comfort others.

Next Step

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