



## SETTING GOALS IN FAITH

God's Prescription for a Healthy Life – Rick Warren  
Parts 1-3

### WHY I NEED TO SET PERSONAL GOALS

1. 

"God plans to bring all of history to its goal in Christ. Then Christ will be the head of everything in heaven and on earth!" Ephesians 1:10 (GW)
2. 

"I do not run without a goal. I fight like a boxer who is hitting something—not just the air." 1 Corinthians 9:26 (NCV)

"Make the most of every opportunity for doing good in these evil days."  
Ephesians 5:16 (NLT)
3. 

"According to your faith will it be done to you." Matthew 9:29 (NIV)

"Everything that does not come from faith is sin." Romans 14:23 (NIV)
4. 

Paul: "I do not claim that I've already succeeded or have already become perfect. I keep striving toward the goal for which Christ Jesus has won me to himself."  
Philippians 3:12 (GNT)

"Then we will be mature, just as Christ is, and we will be completely like him."  
Ephesians 4:13 (CEV)
5. 

Job: "I do not have the strength to endure. I do not have a goal that encourages me to carry on." Job 6:11 (NLT)

"The plans I have for you are plans to prosper you, not to harm you. They are plans to give you hope and a future." Jeremiah 29:11 (NIV)

### WHAT KIND OF GOAL DOES GOD BLESS?

1. 

"Whether you eat or drink or whatever you do, do it all for the glory of God."  
1 Corinthians 10:31 (NIV)

"We make it our goal to please him, whether we are at home in the body or away from it." 1 Corinthians 5:9 (NIV)

2. 

"Everything you do must be done with love." 1 Corinthians 16:14 (NLT)

"Let love be your highest goal." 1 Corinthians 14:1 (NLT)
3. 

"Do not use any part of yourselves to sin or to be used for wicked purposes. Instead, give yourselves to God . . . and surrender your whole being to him to be used for righteous purposes." Romans 6:13

Paul: "I run straight to the goal with purpose in every step." 1 Corinthians 9:26 (NLT)
4. 

"Without faith it is impossible to please God." Hebrews 11:6 (NIV)
5. 

"We plan the way we want to live, but only God makes us able to live it."  
Proverbs 16:9 (The Message)

"You will NOT succeed by your own strength or power, but by my Spirit, says the Lord." Zechariah 4:6 (NCV)

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths." Proverbs 3:5-6 (NLT)

### Next Steps

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