

THE REALITY CHOICE

Life's Healing Choices – Rick Warren
Parts 1-3

"I don't understand what I do. For what I want to do I don't do, but what I hate to do, I do! . . . I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out." Romans 7:15, 18 (NIV)

Stress	Diet	Finances
Fears	Worry	Relationships
My overwork	Bad habits	Painful memories
Attractions	Anger	Perfectionism
Addiction	Dishonesty	Resentment
Regrets	Need to control	Compulsive thoughts

THE CAUSE: _____

"In the pride of your heart you say, 'I am a god . . .' But you are just a man and not a god, though you think you are as wise as a god." Ezekiel 28:2 (NIV)

1st CHOICE: _____

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 (NIV)

I ADMIT I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

1. _____

"God opposes the proud but gives grace to the humble." James 4:6 (NIV)

"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you." Proverbs 28:13 (GNT)

2. _____

"We saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead." 2 Corinthians 1:9 (TLB)

"You're blessed when you're at the end of your rope. With less of you there is more of God and his rule." Matthew 5:3 (The Message)

3. _____

"Two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!" Ecclesiastes 4:9-10 (NIV)

"Admit your faults to one another and pray for each other so that you may be healed." James 5:16 (TLB)

GROUND RULES

- _____
- _____
- _____
- _____
- _____

"When we were unable to help ourselves, at the moment of our need, Christ died for us." Romans 5:6 (NCV)

Next Steps

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