



**FOLLOWING YOUR HEART**  
**Shaped to Make a Difference**  
**Parts 1-3**

**Spiritual Gifts — Heart — Abilities — Personality — Experiences**

*“As a face is reflected in water, so the heart reflects the person.”* Proverbs 27:19 (NLT)

HEART = your interests, passions, desires

*“It is God who produces in you the desires and actions that please him.”*  
Philippians 2:13 (GW)

When I do what God shaped me to do,

\_\_\_\_\_ and \_\_\_\_\_

**I. WHAT KEEPS ME FROM FOLLOWING MY HEART?**

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*“Hope deferred makes the heart sick.”* Proverbs 13:12 (NIV)

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*“Anxiety in a man's heart weighs it down . . .”* Proverbs 12:25 (AMP)

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*“My sins have caught up with me so that I can no longer see . . . I have lost heart.”*  
Psalm 40:12 (GW)

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*“When my heart was bitter and I was angry, I was senseless.”* Psalm 73:21-22 (NCV)

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*“They cut me down with sharpened tinges; they aim their bitter words like arrows straight at my heart.”* Psalm 64:3 (LB)

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men.”*  
Colossians 3:23 (NIV)

## II. HOW DO I FOLLOW MY HEART?

1. \_\_\_\_\_

*Jesus: “I am standing and knocking at your door. If you hear My voice and open the door, I will come in and we will eat together.”* Revelation 3:20 (CEV)

2. \_\_\_\_\_

*“The Lord is close to the brokenhearted and saves those who are crushed in spirit.”*  
Psalm 34:18 (NIV)

*“I run in the path of Your commands, for You have set my heart free.”* Psalm 119:32 (NIV)

3. \_\_\_\_\_

*“Be honest in your estimate of yourselves.”* Romans 12:3 (NLT)

- What do I love to do?
- What do I dream of doing?
- What fascinates me? (I don't get bored)
- Where have I been most effective?

4. \_\_\_\_\_

*“Desire without knowledge is not good, and to be overhasty is to sin and miss the mark.”*  
Proverbs 19:2 (AMP)

*“You should meet together and encourage each other.”* Hebrews 10:25 (NCV)

5. \_\_\_\_\_

*“Delight yourself in the Lord and He will give you the desires of your heart.”*  
Psalm 37:4 (NIV)

*“You Lord, have given me greater joy than those who have abundant harvests of grain and wine.”* Psalm 4:7 (NLT)