

## MESSAGE 5: THE BALANCED LIFE

### Parts 1-3

*"It is senseless for you to work so hard from early morning until late at night... God wants his loved ones to get their proper rest." Ps. 127:2 (LB)*

### B.A.L.A.N.C.E.

#### **B** \_\_\_\_\_ **MY LIFE AROUND CHRIST.**

*"God will give you all you need from day to day IF you live for him and make the Kingdom of God your primary concern." Matt. 6:33 (NIV)*

*"Love the Lord your God with all your heart... This is the first and greatest commandment. And the second is... Love your neighbor as yourself." Matt 22:37-39 (NIV)*

#### **A** \_\_\_\_\_ **MY HUMANITY.**

*"Only someone too stupid to find his way home would wear himself out with work!" Eccl. 10:15 (GN)*

*"You made my body, Lord; now give me sense to heed your laws." Ps. 119:73 (LB)*

#### **L** \_\_\_\_\_ **MY LABOR.**

*"You have six days in which to do your work, but the 7th day is to be a day of rest dedicated to Me." Exodus 20:9-10 (GN)*

"Sabbath" means: \_\_\_\_\_  
*"The Sabbath was made to benefit man..." Mark 2:27*

#### **A** \_\_\_\_\_ **MY VALUES.**

*"I've learned why people work so hard to succeed; it's because they envy the things their neighbors have." Eccl. 4:4 (GN)*

*"What good is it for a man to gain the whole world, yet forfeit his soul?" Mark 8:36 (NIV)*

*"It is better to have only a little, with peace of mind, than be busy all the time..." Eccl. 4:6 (GN)*

## **N** \_\_\_\_\_ **MY INNER LIFE.**

*"... I had no time for myself." Song of Sol. 1:6*

*"I will not neglect your Word." Ps. 119:16 (NIV)*

*"Jesus often slipped away to be alone so he could pray." Lk. 5:15-16*

## **C** \_\_\_\_\_ **MY SCHEDULE TO GOD.**

*"My times are in your hands." Ps. 31:15b (NIV)*

*"There is a time and a season for everything under Heaven." Eccl. 3:1 (NIV)*

## **E** \_\_\_\_\_ **EACH MOMENT.**

*"All of us should... enjoy what we have worked for. It's God's gift." Eccl. 3:13 (GN)*

*"A relaxed attitude lengthens a man's life." Pr. 14:30 (LB)*

Jesus: *"Come to me, all of you who are tired and have heavy loads, and I will give you rest... the load I give you to carry is light." Matt. 11:28-29 9 (NCV)*