



## MESSAGE 4: MAKING THE HARD CHANGES IN ME Parts 1-4

## WHY IS IT SO HARD TO CHANGE MYSELF?

"Since you have heard all about Jesus and have <u>learned the truth that is in him</u>, throw off your old evil nature and <u>your former way</u> of life, which is rotten through and through, full of lust and deception. Instead, there must be a <u>spiritual renewal of your thoughts and attitudes</u>. You must <u>put on your new nature</u> because you are a <u>new</u> <u>person</u>, created in God's likeness—righteous, holy, and true. So put away all falsehood and <u>tell your neighbor</u> <u>the truth</u> because we belong to each other. Don't let the sun go down while you are still angry, for anger gives a mighty foothold to the Devil." Ephesians 4:21-27(NLT)

## PRINCIPLES FOR PERSONAL CHANGE

1.

*"Since you have heard all about Jesus and have <u>learned the truth that is in him</u>..." Ephesians 4:21* 

"All Scripture is inspired by God and is useful to <u>teach us what is true</u> and to make us <u>realize what is wrong</u> in our lives. It <u>straightens us out</u> and <u>teaches us to do what is right</u>. It is God's way of preparing us in every way, fully equipped for every good thing God wants us to do." 2 Timothy 3:16-17 (NLT)

## 2.

"...<u>throw off</u> your old evil nature and your former way of life, which is rotten through and through, full of lust and deception." Ephesians 4:22

"... Continue to <u>WORK OUT</u> your salvation with fear and trembling, for it is God who <u>WORKS IN you</u> to <u>will</u> and to <u>act</u> according to his <u>good purpose</u>." Philippians 2:12-13

3.

"Instead, there must be <u>a spiritual renewal</u> of <u>your thoughts and attitudes</u>." Ephesians 4:23

Think  $\rightarrow$  Feel  $\rightarrow$  Act

"Let the same *mind and attitude* be in you which was in Christ Jesus." Philippians 2:5 (Amp)

4.

<sup>&</sup>quot;You must <u>put on your new nature</u> because you are a <u>new person</u>, created in God's likeness—righteous, holy, and true." Ephesians 4:24

*"As the Spirit of the Lord works within us, we become more and more <u>like Him.</u>" 1 Corinthians 3:18 (LB)* 

5.

"So put away all falsehood and tell your neighbor the truth because we belong to each other." Ephesians 4:25

"By helping each other with your troubles, you truly obey the law of Christ." Galatians 6:2 (NCV)

6.

*"Don't let the sun go down while you are still angry, for anger gives a <u>mighty foothold</u> to the Devil." Ephesians 4:26-27*