



## THE SEASON OF TEMPTATION Matthew 26:41 Parts 1-3

## HOW TO HANDLE TEMPTATION

1. IT

"Watch and pray so that you will not fall into temptation." Matthew 26:41 (NIV)

"If you are thinking, `I'd never behave like that' -- let it be a warning to you. For you too may fall into sin." 1 Corinthians 10:12 (LB)

2. \_\_\_\_\_ RESPONSIBILITY

"Temptation is the pull of your own evil thoughts and wishes. These evil thoughts lead to evil actions..." James 1:14-15

3. \_\_\_\_\_ FOR HELP

"Jesus... had the same temptations we do, though he never once gave in and sinned. So let us come boldly... to God ... and find grace to help in our times of need." Heb. 4:15-16 (LB)

"Call to Me when trouble comes..." Psalm 50:15 (GN)

## 4. MY STRUGGLE TO A FRIEND.

"Remember this -- the wrong desires that come into your life aren't anything new and different. <u>Many others</u> have faced exactly the same problems before you." 1 Corinthians 10:13 (LB)

"Admit your sins to each other and pray for each other so that you may be healed." James 5:16

"A wise man... <u>turns away</u> from evil, but a fool is arrogant and careless." Proverbs 14:16 (NAS)

"I thought about the wrong direction in which I was headed, and <u>turned around</u> and came running back to you." Psalm 119:59 (LB)

## 6. \_\_\_\_\_ GOD'S WORD

"God will not let you be tempted beyond what you can bear. But when you are tempted, <u>he</u> will also provide a way out so that you can stand up under it." 1 Corinthians 10:13b (NIV)

"Accept <u>salvation from God</u> to be your helmet and receive the Word of God... to use as a sword." Ephesians 6:17 (JB)

5.