



The Balanced Life

Parts 1-3

"It is senseless for you to work so hard from early morning until late at night... God wants his loved ones to get their proper rest."

PSALM 127:2 (LB)

B.A.L.A.N.C.E.

B _____ MY LIFE AROUND CHRIST.

"God will give you all you need from day to day IF you live for him and make the Kingdom of God your primary concern."

MATTHEW 6:33 (NIV)

"Love the Lord your God with all your heart... This is the first and greatest commandment. And the second is... Love your neighbor as yourself."

MATTHEW 22:37-39 (NIV)

A _____ MY HUMANITY.

*“Only someone too stupid to find his way home
would wear himself out with work!”*

ECCLESIASTES 10:15 (GN)

“You made my body, Lord; now give me sense to heed your laws.”

PSALM 119:73 (LB)

L _____ MY LABOR.

*“You have six days in which to do your work, but
the 7th day is to be a day of rest dedicated to Me.”*

EXODUS 20:9-10 (GN)

“Sabbath” means: _____

“The Sabbath was made to benefit man...”

MARK 2:27

A _____ MY VALUES.

*“I’ve learned why people work so hard to succeed; it’s because
they envy the things their neighbors have.”*

ECCL. 4:4 (GN)

“What good is it for a man to gain the whole world, yet forfeit his soul?”

MARK 8:36 (NIV)

*"It is better to have only a little, with peace of mind,
than be busy all the time..."*

ECCL. 4:6 (GN)

N _____ **MY INNER LIFE.**

"... I had no time for myself."

SONG OF SOLOMON 1:6

"I will not neglect your Word."

PSALM 119:16 (NIV)

"Jesus often slipped away to be alone so he could pray."

LUKE 5:15-16

C _____ **MY SCHEDULE TO GOD.**

"My times are in your hands."

PSALM 31:15B (NIV)

"There is a time and a season for everything under Heaven."

ECCLESIASTES. 3:1 (NIV)

E _____ **EACH MOMENT.**

"All of us should... enjoy what we have worked for. It's God's gift."

ECCLESIASTES 3:13 (2GN)

"A relaxed attitude lengthens a man's life."

PROVERBS 14:30 (LB)

Jesus: "Come to me, all of you who are tired and have heavy loads, and I will give you rest... the load I give you to carry is light."

MATTHEW 11:28-29 9 (NCV)

