

GROW HEALTHY RELATIONSHIPS

The Habits of Happiness- Part 1

Philippians 1:1-11

1. _____ FOR THE PEOPLE IN MY LIFE

“Every time I think of you, I give thanks to my God.”

Phil. 1:3 (NLT)

“I thank God for the help you gave me...”

Phil. 1:5 (NCV)

HH: Remember _____

2. _____ FOR THE PEOPLE IN MY LIFE

“I always pray for you, and I make my requests with a heart full of joy...”

Phil. 1:4 (NLT)

HH: Quickest way to change a bad relationship to good:

“And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ – to the glory and praise of God.”

Phil. 1:9-11 (NIV)

Pray they will ...

• _____

“that your love will grow more and more...”

vs. 9 (NCV)

• _____

“that you will fully know and understand how to make the right choices.”

vs. 9b-10a (CEV)

• _____
“that you may live pure and blameless lives until Christ returns.”
vs. 10b (NLT)

• _____
“that you will be filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of
God.”
vs. 11 (NIV)

“The Fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.”
Gal.5:22-23

3. _____ **FROM PEOPLE IN MY LIFE**

“I am confident of this, that God who began a good work in you will
carry it on to completion until the day of Christ Jesus.”
Phil. 1:6

HH: Celebrate _____
rather than judging _____

“It is right for me to feel this way about all of you, since I have you in my heart.”
Phil. 1:7 (NIV)

4. **LOVE THE PEOPLE IN MY LIFE** _____

“God is my witness that I tell the truth when I say that my deep love for you all comes from the heart of Christ
Jesus himself.”
Phil. 1:8 (TEV)

“This is how we know what real love is: Christ gave his life for us. So we then, ought to give our lives for others.”
1 John 3:16 (TEV)