

## LESSON THREE

# Following Your Heart

*“As a face is reflected in water, so the heart reflects the person.”*

*Proverbs 27:19 (NLT)*

## HEART = YOUR INTERESTS, PASSIONS, DESIRES

*“It is God who produces in you the desires and actions that please Him.”*

*Philemon 2:13 (GW)*

When I do what God shaped me to do, \_\_\_\_\_ and

**I**

## WHAT KEEPS ME FROM FOLLOWING MY HEART?

*“Hope deferred makes the heart sick.”*

*Proverbs 13:12 (NIV)*

*“Anxiety in a man’s heart weighs it down...”*

*Proverbs 12:25 (Amp)*

*“My sins have caught up with me so that I can no longer see....I have lost heart.”*

*Psalms 40:12 (GW)*

*“When my heart was bitter and I was angry, I was senseless.”*

*Psalms 73:21-22 (NCV)*

*“They cut me down with sharpened tinges;  
they aim their bitter words like arrows straight at my heart.”*

*Psalms 64:3 (LB)*

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men.”*

*Colossians 3:23 (NIV)*

1. \_\_\_\_\_

Jesus: *"I am standing and knocking at your door. If you hear My voice and open the door, I will come in and we will eat together."*

*Rev. 3:20 (CEV)*

2. \_\_\_\_\_

*"The Lord is close to the brokenhearted and saves those who are crushed in spirit."*

*Psalm 34:18 (NIV)*

*"I run in the path of Your commands, for You have set my heart free."*

*Psalm 119:32 (NIV)*

3. \_\_\_\_\_

*"Be honest in your estimate of yourselves."*

*Rom. 12:3 (NLT)*

*What do I love to do?*

*What do I dream of doing?*

*What fascinates me? (I don't get bored)*

*Where have I been most effective?*

4. \_\_\_\_\_

*"Desire without knowledge is not good, and to be overhasty is to sin and miss the mark."*

*Proverbs 19:2 (Amp)*

*"...you should meet together and encourage each other."*

*Hebrews 10:25 (NCV)*

5. \_\_\_\_\_

*"Delight yourself in the Lord and He will give you the desires of your heart."*

*Psalm 37:4 (NIV)*

*"You Lord, have given me greater joy than those who have abundant harvests of grain and wine."*

*Psalm 4:7 (NLT)*