

## LESSON ONE

# Understanding The Seasons Of Life

*“As long as the earth remains, there will be springtime and harvest, cold and heat, winter and summer, day and night.”*  
*Genesis 2:22 (LB)*

*“There is a time for everything, and a season for every activity under heaven.”*  
*Ecclesiastes 3:1 (NCV)*

## FIVE FACTS ABOUT THE SEASONS OF LIFE

### 1. THEY ARE BEYOND \_\_\_\_\_

*“God controls the times and the seasons. He makes and unmakes kings.”*  
*Daniel 2:21 (GN)*

### 2. THEY ARE OFTEN \_\_\_\_\_

*“... God does everything just right and on time, but people can never completely understand what he is doing.”*  
*Ecclesiastes 3:11 (NCV)*

### 3. GOD HAS A \_\_\_\_\_ FOR EACH SEASON.

*“We know that all that happens to us is working for our good IF we love God and are fitting into his plans.”*  
*Romans 8:28 (LB)*

### 4. THE SEASONS INCLUDE BOTH \_\_\_\_\_ TIMES.

*Eccl. 3:2-8 “There is a time to...*

BE BORN/DIE	REPAIR/TEAR	BUILD/TEAR DOWN	PEACE/WAR
PLANT/UPROOT	SPEAK UP/BE QUIET	HEAL/KILL	LOVE/HATE
GATHER/SCATTER	FIND/LOSE	LAUGH/CRY	DANCE/GRIEVE
KEEP/THROW AWAY			

### 5. WHAT I \_\_\_\_\_ IN ONE SEASON, I'LL \_\_\_\_\_ IN ANOTHER.

*“Let us not be weary in well doing; for in due season we shall reap, if we faint not.”*  
*Galatians 6:9*

# HOW TO MAKE THE MOST OF EACH SEASON

*four questions to ask*

## 1. WHAT CAN I \_\_\_\_\_ IN THIS SEASON OF LIFE?

*“Remember what you have learned about the Lord through your experiences with him.”*

*Deut. 11:2 (GN)*

*“(This happened) ... so we might learn to trust, not in ourselves, but God...”*

*2 Cor. 1:9 (Ph)*

## 2. WHAT CAN I \_\_\_\_\_ IN THIS SEASON OF LIFE?

*“People ought to enjoy every day of their lives.”*

*Eccl. 11:8 (NCV)*

*“Give thanks in all circumstances; this is God’s will for you.”*

*1 Thess. 5:18 (NIV)*

*“I have learned to be content whatever the circumstances.”*

*Phil. 4:11 (NIV)*

## 3. WHAT IS \_\_\_\_\_ IN THIS SEASON OF LIFE?

*“Live life, then, with a due sense of responsibility, not as those who do not know the meaning and purpose of life but as those who do. Make the best use of your time, despite all the difficulties these days.”*

*Eph. 5:15-16 (Ph)*

## 4. HOW CAN I \_\_\_\_\_ IN THIS SEASON OF LIFE?

*“Whenever you are able, do good to people who need help.”*

*Pr. 3:27 (NCV)*

*“If you wait for perfect conditions, you will never get anything done.”*

*Eccl. 11:4 (LB)*