

# HOW TO GET THROUGH WHAT YOU'RE GOING THROUGH

## Session 7: How To Get Through What You're Going Through

PARTS 1-2

*“All praise to the God and Father of our Lord Jesus Christ. He is the source of every mercy and the God who comforts us. He comforts us in all our troubles so that we can comfort others. When others are troubled, we will be able to give them the same comfort God has given us. You can be sure that the more we suffer for Christ, the more God will shower us with his comfort through Christ. So when we are weighed down with troubles, it is for your benefit and salvation! For when God comforts us, it is so that we, in turn, can be an encouragement to you. Then you can patiently endure the same things we suffer. We are confident that as you share in suffering, you will also share God’s comfort.*

*I think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and completely overwhelmed, and we feared we would never live through it. In fact, we expected to die. But as a result, we learned to not rely on ourselves, but on God who can raise the dead. And he did deliver us from mortal danger. And we are confident that he will continue to deliver us. He will rescue us because you are helping by praying for us. As a result, many others will give thanks to God because so many people’s prayers for our safety have been answered.”*

2 COR. 1:3-11 (NLT)

### PAIN CAN BE USED FOR A GOOD PURPOSE

1. \_\_\_\_\_

A. \_\_\_\_\_

*“We were crushed and completely overwhelmed, and we thought we would never live through it. In fact, we expected to die. But as a result, we learned to not rely on ourselves, but on God who can raise the dead!”*

2 COR. 1:8-9

B. \_\_\_\_\_

*“God comforts us in all our troubles so that we can comfort others.”*

2 COR. 1:4

*“When we are weighed down with troubles, it is for your benefit and salvation!  
For when God comforts us, it is so that we, in turn, can be an encouragement to you!  
Then YOU can patiently endure the same things we suffer.”*

**2 COR. 1:6**

## **THIS IS CALLED: REDEMPITIVE SUFFERING**

C. \_\_\_\_\_

*“He will rescue us because YOU are helping by praying for us. As a result, many others will give thanks to God because so many people’s prayers for our safety have been answered.”*

**2 COR. 1:11**

## **4 LEVELS OF SMALL GROUP RELATIONSHIPS**

1. The Fellowship of Sharing Together
2. The Fellowship of Studying Together
3. The Fellowship of Serving Together
4. The Fellowship of Suffering Together (deepest)

2. \_\_\_\_\_

*“I think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and completely overwhelmed, and WE FEARED we would never live through it. In fact, we expected to die. But as a result, we learned to not rely on ourselves....”*

**2 COR. 1:8-9**

3. \_\_\_\_\_

*“ALL PRAISE to the God and Father of our Lord Jesus Christ.  
He is the source of every mercy and the God who comforts us!”*

**2 COR. 1:3**

4. \_\_\_\_\_

*“God will rescue us because you are helping by praying for us.”*

**2 COR. 1:11A**

5.

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*“And we are CONFIDENT that he WILL continue to deliver us.”*

**2 COR. 1:10**

*“So then faith comes from hearing the Word of God.”*

**ROMANS 10:17**

6.

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*“Everything that was written in the past was written to teach us.*

*The Scriptures give us endurance and encouragement so that we can have hope!”*

**ROMANS 15:4**