

HOW TO GET THROUGH WHAT YOU'RE GOING THROUGH

Session 4: **STRUGGLE: When Life Makes No Sense**

PARTS 1-2

SHOCK – SORROW – STRUGGLE – SURRENDER – SANCTIFICATION – SERVICE

“Because you (sinned)... all your life you will struggle.”

GEN. 3:17 (NLT)

LIFE IS A STRUGGLE

Jacob's Example

- **WE STRUGGLE** _____

Jacob struggled:

with his brother	Gen 25:22, Hosea 12:3
with two wives	Gen. 30:1-24
with his in-laws	Gen. 31:1-2
with his 12 sons	Gen. 37-50

- **WE STRUGGLE** _____

“I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate... No matter which way I turn, I can't make myself do right. I want to, but I can't...But there is a law at work within me that is at war with my mind.”

ROMANS 7:15-23 (NLT)

- **OUR REAL STRUGGLE** _____

JACOB'S WRESTLING MATCH

“Jacob sent his family across the Jabbok River but he stayed behind, alone. That night, a Man came and wrestled with him until daybreak. When the Man saw that he wasn't winning the struggle, he hit Jacob on the hip, and it was thrown out of joint. The Man said, ‘Let me go; daylight is coming.’ Jacob said, ‘I WON'T LET GO UNTIL YOU BLESS ME.’”

The Man asked ‘What is your name?’ Jacob,’ he replied. The Man said, ‘Your name will no longer be Jacob. You have STRUGGLED WITH GOD and with men, and you have WON; so your name will be ISRAEL.’

Jacob = “deceiver/manipulator”

Israel = “struggled with God /Prince with God”

Then God blessed him there. So Jacob called the place Peniel, saying, ‘It is because I saw God face to face, and yet my life was spared.’”

GENESIS 32:23-30

HOW TO WRESTLE WITH GOD AND GET BLESSED

1.

Examples:

Job – Job 13; 14-25

Heman – Psalm 88

Jeremiah – Jeremiah 12:1-4

“I call to the Lord for help; I plead with him. I bring all my complaints to him; I tell him my troubles. When I’m ready to give up, he knows what I should do.”

PSALM 142:1-3 (TEV)

2.

Examples:

Abraham – Genesis 18:22-32

Moses – Exodus 32:9-14

Hezekiah – 1 Kings 19:15-19

David – Psalm 143

Jehoshaphat – 2 Chronicles 20

3.

“Then Jacob prayed, ‘O God of my grandfather Abraham and my father, Isaac— you told me to return to my land and to my relatives, and you promised to treat me kindly. I am not worthy of all the faithfulness and unfailing love... but O Lord, please rescue me from my brother, Esau. I am afraid that he is coming to kill me... But you promised to treat me kindly and to multiply my descendants...’”

GENESIS 32:9-12 (NLT)

“Though he slay me, yet I will trust in him.”

JOB 13:15

“Even though the fig trees have no blossoms, and there are no grapes on the vine; and even though the olive crop fails, and the fields lie empty and barren; and even though the flocks die in the fields, and the cattle barns are empty, yet I will still rejoice in the Lord! I will be joyful in the God of my salvation. The Sovereign Lord is my strength!”

HABAKKUK 3:17-19 (NLT)