

LESSON THREE

How To Live A Joy-Filled Life

“I will go to God – the Source of all my joy.”
Psalm 3:4 (NLT)

EL SIMCHATHGALI = “THE GOD OF EXCEEDING JOY”

KEYS TO J.O.Y.F.U.L. LIVING

JETTISON

“One thing I do is to forget what is behind me and do my best to reach what is ahead.”
Philippians 3:13b (GN)

OMIT

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.”
Philippians 4:6 (NLT)

YIELD

“For me to live is Christ...”
Phil. 1:21 (NIV)

“My only purpose in life is to please Him.”
2 Tim. 1:3 (LB)

*“Give yourselves completely to God – every part of you...
to be tools in the hand of God, to be used for His good purposes.”*
Rom. 6:13b (LB)

FOCUS

“Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise.”

Philippians 4:8 (NLT)

USE

*“Dear brothers and sisters, I love you and long to see you,
for you are my joy and the reward for my work.”*

Philippians 4:1 (NLT)

“For to me, living means opportunities for Christ, and dying – well, that’s better yet! But if living will give me more opportunities to win people to Christ, then I really don’t know which is better, to live or die! Sometimes I want to live, and at other times I don’t, for I long to go and be with Christ. How much happier for me than being here! But the fact is that I can be of more help to you by staying!”

Philippians 3:21-24 (LB)

LEARN

“I have learned to be content whatever the circumstances.”

Philippians. 4:11 (NIV)

“Always be full of joy in the Lord; I say it again, rejoice!”

WHY CAN I ALWAYS BE JOYFUL?

*“I am going to keep on being glad, for I know that as you pray for me,
and as the Holy Spirit helps me, this is all going to turn out for my good.”*

Philippians 1:19 (LB)

*“I am sure that God, who began the good work within you, will continue His work
until it is finally finished on that day when Christ Jesus comes back again.”*

Philippians 1:6 (NLT)