

# Growing in the SEASONS of LIFE

THE SEASON  
OF LONELINESS  
PARTS 1-2

*“It is not good for man to be alone.”*

GEN. 2:18

2 TIMOTHY 4:6-21

**The Final Days of Paul’s Life**

## I. FOUR CAUSES OF LONELINESS

1. \_\_\_\_\_ (vs 6-8)

*“... the time has come for my departure...”*

2. \_\_\_\_\_ (vs. 9, 21)

*“Do your best to come to me quickly... do your best to get here before winter.”*

3. \_\_\_\_\_ (vs. 14)

*“(He)... did me a great deal of harm... he strongly opposed our message.”*

4. \_\_\_\_\_ (vs. 16, 10)

*“... no one came to my support, but everyone deserted me.”*

*“... Demas has deserted me...”*

## II. HOW TO COPE WITH LONELINESS

1. UTILIZE \_\_\_\_\_ (vs. 12)

*“... bring my coat... and bring my books...”*

2. MINIMIZE \_\_\_\_\_ (vs. 16)

*“... everyone has deserted me. May it not be held against them.”*

3. RECOGNIZE \_\_\_\_\_ (vs. 17a)

*“But the Lord stood by my side and gave me strength...”*

4. EMPHASIZE \_\_\_\_\_ (vs. 17b)

*“... so that through me the message might be fully proclaimed  
and all the Gentiles might bear it.”*

Stop building:

Start building:

