

HOW TO PRAY THROUGHOUT YOUR DAY

40 Days of Prayer
Rick Warren

“Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God’s people.” Ephesians 6:18 (NCV)

BY DEVELOPING 2 HABITS

1. _____
“Pray on every occasion, as the Spirit leads.” Ephesians 6:18 (GNT)
“Never stop praying.” 1 Thessalonians 5:17 (GW)
2. _____
“Seven times a day I praise you.” Psalm 119:164 (NIV)

A DAILY SCHEDULE BUILT ON THE LORD’S PRAYER

1. _____ (THANKSGIVING)
Jesus: *“Your Father knows what you need before you ask him. This, then, is how you should pray: ‘Our Father in heaven.’” Matthew 6:8-9 (NIV)*
“Every good and perfect gift is from above, coming down from the Father of the heavenly lights.” James 1:17 (NIV)
 - I THANK MY FATHER IN HEAVEN FOR HIS CONSISTENT LOVE & I RECALL ALL _____
2. _____ (PRAISE)
“Hallowed be your name.” Matthew 6:9 (NIV)
“Every day I will bless You, and I will praise Your name forever and ever.” Psalm 145:2 (NKJV)
 - I REVIEW GOD’S NAMES & _____
God says “I AM . . .” *Abba—Your Loving Father!*, *Ei Deah—Your God Who Knows Everything!*, *Jehovah Rapha—Your God who Heals you!*, *Ei Shaddai—God Almighty with all the Power you need!*
“Those who know your name trust in you, for you, Lord, have never forsaken those who seek you.” Psalm 9:10 (NIV)

3. _____ (DEDICATION)
“Your kingdom come, and your will be done on earth as it is in heaven.” Matthew 6:10 (PHILLIPS)
 - I ALIGN MYSELF WITH GOD’S _____ FOR MY LIFE
“Seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33 (NIV)
4. _____ (PETITION)
“Give us today our daily bread.” Matthew 6:11 (NIV)
 - I ASK FOR _____ I NEED
Jesus: *“You can ask for anything in my name.” John 14:13 (NLT)*
 - I ASK FOR WHAT _____ (INTERCESSION)
“I will surely not stop praying for you, because that would be sinning against the Lord.” 1 Samuel 12:23 (NCV)
“Jesus has the power of God, by which he gives us everything we need to live, and to serve God. We have these things because we know him.” 2 Peter 1:3 (NCV)
5. _____ (CONFESSION)
“Forgive us our sins, as we have forgiven those who sin against us.” Matthew 6:12 (NLT)
 - I ADMIT MY SINS AND I _____
“I confessed my sins to you and didn’t hide my guilt . . . and you forgave my guilt.” Psalm 32:5 (NCV)
6. _____ (PROTECTION)
“And lead us not into temptation, but deliver us from the evil one.” Matthew 6:13 (NIV)
“No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.” 1 Corinthians 10:13 (NIV)
7. _____ (BENEDICTION)
“For yours is the kingdom and the power and the glory forever. Amen.” Matthew 6:13 (AMP)