

THE BALANCED LIFE

Building My Life on Values That Last
Rick & Kay Warren

"It is senseless for you to work so hard from early morning until late at night . . . God wants his loved ones to get their proper rest." Psalm 127:2 (TLB)

B.A.L.A.N.C.E.

B _____ **MY LIFE AROUND CHRIST**

"Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need." Matthew 6:33 (NLT)

"Love the Lord your God with all your heart . . . This is the first and greatest commandment. And the second is . . . Love your neighbor as yourself."
Matthew 22:37-39 (NIV)

A _____ **MY HUMANITY**

"Only someone too stupid to find his way home would wear himself out with work."
Ecclesiastes 10:15 (GNT)

"You made my body, Lord; now give me sense to heed your laws."
Psalm 119:73 (TLB)

L _____ **MY LABOR**

"You have six days in which to do your work, but the seventh day is a day of rest dedicated to me." Exodus 20:9-10 (GNT)

"Sabbath" means: A DAY OF REST

"The Sabbath was made to benefit man." Mark 2:27 (TLB)

A _____ **MY VALUES**

"I have also learned why people work so hard to succeed: it is because they envy the things their neighbors have." Ecclesiastes 4:4 (GNT)

"What good is it for someone to gain the whole world, yet forfeit his soul?"
Mark 8:36 (NIV)

"It is better to have only a little, with peace of mind, than be busy all the time."
Ecclesiastes 4:6 (GNT)

N _____ **MY INNER LIFE**

"I had no time to care for myself." Song of Solomon 1:6 (GNT)

"I will not neglect your Word." Psalm 119:16 (NIV)

"Jesus often slipped away to be alone so he could pray." Luke 5:16 (NCV)

C _____ **MY SCHEDULE TO GOD**

"My times are in your hands." Psalm 31:15 (NIV)

"There is a time for everything, and a season for every activity under the heavens."
Ecclesiastes 3:1 (NIV)

E _____ **EACH MOMENT**

"All of us should . . . enjoy what we have worked for. It is God's gift."

Ecclesiastes 3:13 (GNT)

"A relaxed attitude lengthens a man's life." Proverbs 14:30 (TLB)

Jesus: *"Come to me, all of you who are tired and have heavy loads, and I will give you rest . . . the load I give you to carry is light."* Matthew 11:28-30 (NCV)

Next Steps

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