

THE AMAZING POWER OF FORGIVENESS

God's Prescription for a Healthy Life – Rick Warren
Parts 1-3

QUIZ

- A person should not be forgiven until he asks for it. T F
- Forgiving includes minimizing the offense & the pain caused. T F
- Forgiveness includes restoring trust & reuniting a relationship. T F
- You haven't really forgiven until you've forgotten the offense. T F
- When I see someone hurt, it is my duty to forgive the offender. T F

WHAT IS FORGIVENESS?

- IT ISN'T _____
- IT ISN'T _____ THE SERIOUSNESS OF THE OFFENSE
- IT ISN'T _____ A RELATIONSHIP WITHOUT CHANGES
- IT ISN'T _____ WHAT HAPPENED
- IT ISN'T _____ WHEN I WASN'T THE ONE WHO WAS HURT

WHY MUST I FORGIVE?

- BECAUSE** _____
"Remember, the Lord forgave you, so you must forgive others." Colossians 3:13 (NLT)

"God forgave all our sins. He canceled the record that contained the charges against us. He took it and destroyed it by nailing it to Christ's cross." Colossians 2:13-14 (NLT)
- BECAUSE** _____
"You are only hurting yourself with your anger!" Job 18:4 (GNT)

"To worry yourself to death with resentment would be a foolish, senseless thing to do."
 Job 5:2 (GNT)

- BECAUSE** _____
"For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins." Matthew 6:15 (NIV)

HOW DO I FORGIVE?

- BY** _____ **MY RIGHT TO GET EVEN**
"Never avenge yourselves. Leave that to God, for he has said he will repay those who deserve it." Romans 12:19 (TLB)
- BY** _____ **TO EVIL WITH GOOD**
"Do good to those who hate you, bless those who curse you, and pray for those who mistreat you." Luke 6:27-28 (NIV)
- BY** _____ **THESE STEPS AS LONG AS NECESSARY**
"Peter asked, 'Lord, how often should I forgive someone who sins against me? Seven times?' 'No,' Jesus replied. 'Seventy times seven!'" Matthew 18:21-22 (NLT)
- BY** _____ **OTHERS WITH THE GOOD NEWS OF GOD'S FORGIVENESS**
"Through Christ, God made peace between us and himself, and God gave us the work of telling everyone about the peace we can have with him. God was in Christ, making peace between the world and himself. In Christ, God did not hold the world guilty of its sins. And he gave us this message of peace. So we have been sent to speak for Christ." 2 Corinthians 5:18-20 (NCV)

Next Steps

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