

## SETTING GOALS IN FAITH

God's Prescription for a Healthy Life – Rick Warren  
Parts 1-3

### WHY I NEED TO SET PERSONAL GOALS

1. \_\_\_\_\_  
"God plans to bring all of history to its goal in Christ. Then Christ will be the head of everything in heaven and on earth!" Ephesians 1:10 (GW)
2. \_\_\_\_\_  
"I do not run without a goal. I fight like a boxer who is hitting something—not just the air." 1 Corinthians 9:26 (NCV)  
  
"Make the most of every opportunity for doing good in these evil days."  
Ephesians 5:16 (NLT)
3. \_\_\_\_\_  
"According to your faith will it be done to you." Matthew 9:29 (NIV)  
  
"Everything that does not come from faith is sin." Romans 14:23 (NIV)
4. \_\_\_\_\_  
Paul: "I do not claim that I've already succeeded or have already become perfect. I keep striving toward the goal for which Christ Jesus has won me to himself."  
Philippians 3:12 (GNT)  
  
"Then we will be mature, just as Christ is, and we will be completely like him."  
Ephesians 4:13 (CEV)
5. \_\_\_\_\_  
Job: "I do not have the strength to endure. I do not have a goal that encourages me to carry on." Job 6:11 (NLT)  
  
"The plans I have for you are plans to prosper you, not to harm you. They are plans to give you hope and a future." Jeremiah 29:11 (NIV)

### WHAT KIND OF GOAL DOES GOD BLESS?

1. \_\_\_\_\_  
"Whether you eat or drink or whatever you do, do it all for the glory of God."  
1 Corinthians 10:31 (NIV)

"We make it our goal to please him, whether we are at home in the body or away from it." 1 Corinthians 5:9 (NIV)

2. \_\_\_\_\_  
"Everything you do must be done with love." 1 Corinthians 16:14 (NLT)  
  
"Let love be your highest goal." 1 Corinthians 14:1 (NLT)
3. \_\_\_\_\_  
"Do not use any part of yourselves to sin or to be used for wicked purposes. Instead, give yourselves to God . . . and surrender your whole being to him to be used for righteous purposes." Romans 6:13  
  
Paul: "I run straight to the goal with purpose in every step." 1 Corinthians 9:26 (NLT)
4. \_\_\_\_\_  
"Without faith it is impossible to please God." Hebrews 11:6 (NIV)
5. \_\_\_\_\_  
"We plan the way we want to live, but only God makes us able to live it."  
Proverbs 16:9 (The Message)  
  
"You will NOT succeed by your own strength or power, but by my Spirit, says the Lord." Zechariah 4:6 (NCV)  
  
"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths." Proverbs 3:5-6 (NLT)

### Next Steps

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