

GETTING YOUR SHIP OUT OF THE HARBOR

God's Prescription for a Healthy Life – Rick Warren
Parts 1-2

"King Jehoshaphat built a fleet of trading ships to go to Ophir for gold, but they never set sail—they were wrecked at Ezion-Geber." 1 Kings 22:48 (NIV)

"Be careful how you act; these are difficult days. Don't be fools; be wise: Make the most of every opportunity you have for doing good." Ephesians 5:15-16 (TLB)

HOW TO GET OUT OF THE HARBOR (Before being shipwrecked)

STOP

"We are each responsible for our own conduct." Galatians 6:5 (NLT)

"The lazy person is full of excuses." Proverbs 22:13 (NLT)

SURRENDER

"I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything with the help of Christ who gives me the strength I need." Philippians 4:12-13 (NLT)

SET

"An intelligent person aims at wise actions, but a fool starts off in many directions." Proverbs 17:24 (GNT)

"According to your faith will it be done to you." Matthew 9:29 (NIV)

Focused – be specific!

Attainable – possible & practical

Individual – you can't set goals for others

Trackable – can you measure your progress?

Heartfelt – does it motivate you? does it stir your passion?

START

"If you wait for perfect conditions, you'll never get anything done." Ecclesiastes 11:4 (TLB)

SELECT

"It's better to have a partner than go it alone." Ecclesiastes 4:9 (The Message)

SUMMER OPPORTUNITIES: A GREAT TIME . . .

- **TO** _____
"Encourage each other every day while you have the opportunity." Hebrews 3:13 (GW)
"As we have opportunity, let us do good to all people, especially to those who belong to the family of believers." Galatians 6:10 (NIV)
- **TO** _____
"Dear brothers and sisters, whenever trouble comes your way, let it be an opportunity for joy. For when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be strong in character and ready for anything." James 1:2-4 (NLT)
- **TO** _____
"Don't use your freedom as an excuse to do anything you want. Use it as an opportunity to serve each other with love." Galatians 5:13 (CEV)
- **TO** _____
"Those in frequent contact with the things the world offers should make good use of their opportunities without stopping to enjoy them; for the world in its present form will soon be gone." 1 Corinthians 7:31 (TLB)
"God will give you many opportunities to do good, and he will produce a great harvest of generosity in you." 2 Corinthians 9:10 (NLT)
- **TO** _____
"They have the opportunity to live again, but . . . they are like a baby who is about to be born but won't come out of its mother's womb!" Hosea 13:13 (GW)
"God is patient for your sake. He doesn't want to destroy anyone but wants all people to have an opportunity to turn to him and change the way they think and act . . . Look on our Lord's patience as the opportunity he is giving you to be saved." 2 Peter 3:9, 15 (GW/GNT)
- **TO** _____
"Be wise in the way you act with people who are not believers, making the most of every opportunity. Always be kind and pleasant so you will be able to answer everyone in the way you should." Colossians 4:5-6 (NCV)
"For me, living means opportunities for Christ, and dying—well, that's better yet! But if living will give me more opportunities to win people to Christ, then I really don't know which is better . . . But the fact is I can be of more help to you by staying!" Philippians 1:21-24 (TLB)

Next Step

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