

# GOOD NEWS ABOUT *Grace*

## LIBERATING GRACE

*Parts 1-2*

*“You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish.”*

GALATIANS 2:3 (NCV)

***Perfectionism:***

***“Trying to prove my worth by being perfect.”***

## HOW PERFECTIONISM HARMS

- IT DEFEATS MY \_\_\_\_\_

*“If you wait for perfect conditions, you’ll never get anything done.”*

ECCLESIASTES 11:4 (LB)

- IT DAMAGES MY \_\_\_\_\_

*“Love forgets mistakes; nagging about them parts the best of friends.”*

PROVERBS 17:9 (LB)

- IT DESTROYS MY \_\_\_\_\_

*“Do not be excessively righteous and do not be overly wise. Why should you ruin yourself?”*

**ECCLESIASTES 7:16 (NNAS)**

## **HOW TO R.E.L.A.X. IN GOD’S GRACE**

### **REALIZE** \_\_\_\_\_

*“Nothing is perfect except (God’s) Word.”*

**PSALM 119:96 (LB)**

*“There is no one on earth who does what is right all the time and never makes a mistake.”*

**ECCLESIASTES 7:20 (GN)**

### **ENJOY** \_\_\_\_\_

*“See how very much our Heavenly Father loves us, for He allows us to be called His children—think of it—and we really are!”*

**1 JOHN 3:1 (LB)**

*“If God is for us, who can be against us?”*

**ROMANS 8:31 (NIV)**

### **LET GOD** \_\_\_\_\_

*“Cast all your anxiety on Him because He cares for you.”*

**1 PETER 5:7 (NIV)**

*“A relaxed attitude lengthens a man’s life.”*

**PROVERBS 14:30 (LB)**

### **ACT** \_\_\_\_\_

*“For it is by grace you have been saved, through faith...”*

**EPHESIANS 2:8 (NIV)**

*“So then, just as you received Christ Jesus as Lord, continue to live in Him.”*

**COLOSSIANS 2:6 (NIV)**

## **EXCHANGE**

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*“Are you tired? Worn out? Burned out on religion? Come to Me. Get away with Me and you’ll recover your life. I’ll show you how to take a real rest...Learn the unforced rhythms of grace.”*

**MATTHEW 11:28-29 (MES)**

*“Be careful that no one fails to receive God’s grace...”*

**HEBREWS 12:15 (NCV)**