

# Life's Healing Choices

## THE BEATITUDES

### THE REALITY CHOICE

Parts 1-3

*"I don't understand what I do. For what I want to do I don't do, but what I hate to do, I do!...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out."*

ROMANS 7:15, 18 (NIV)

<b>Stress</b>	<b>Diet</b>	<b>Finances</b>
<b>Fears</b>	<b>Worry</b>	<b>Relationships</b>
<b>My overwork</b>	<b>Bad habits</b>	<b>Painful memories</b>
<b>Attractions</b>	<b>Anger</b>	<b>Perfectionism</b>
<b>Addiction</b>	<b>Dishonesty</b>	<b>Resentment</b>
<b>Regrets</b>	<b>Need to control</b>	<b>Compulsive thoughts</b>

THE CAUSE: \_\_\_\_\_

*"In the pride of your heart you say, 'I am a god...' But you are just a man and not a god, though you think you are as wise as a god."*

EZEKIEL 28:2 (NIV)

## 1ST CHOICE:

*“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”*

**MATTHEW 5:3 (NIV)**

***I ADMIT I need help; that I’m powerless to control my tendency to do the wrong thing and that my life is unmanageable.***

1. \_\_\_\_\_

*“God opposes the proud but gives grace to the humble.”*

**JAMES 4:6 (NIV)**

*“You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you.”*

**PROVERBS 28:13 (TEV)**

2. \_\_\_\_\_

*“We saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead.”*

**2 CORINTHIANS 1:9 (LB)**

*“You’re blessed when you’re at the end of your rope. With less of you there is more of God and his rule.”*

**MATTHEW 5:3 (MSG)**

3. \_\_\_\_\_

*“Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!”*

**ECCLESIASTES 4:9-10 (NIV)**

*“Admit your faults to one another and pray for each other so that you may be healed.”*

**JAMES 5:16 (LB)**

## **GROUND RULES**

*“When we were unable to help ourselves, at the moment of our need, Christ died for us...”*

**ROMANS 5:6 (NCV)**